

Under the patronage of  
**H.E. Ghassan Hasbani**

Vice-Prime Minister and Minister of Public Health

# 13<sup>th</sup> Annual Meeting

Lebanese Society of Allergy and Immunology



**10**  
**CME**  
Credits

## **PROGRAM**

**OCTOBER 13 - 14, 2017**

**METROPOLITAN HOTEL - BEIRUT, LEBANON**

# Welcome Letter



Dear Friends and Colleagues,

On behalf of the Organizing Committee, it is my great pleasure to welcome you to the 13<sup>th</sup> Annual Meeting of the Lebanese Society of Allergy and Immunology (LSAI)- Breaking Boundaries in Allergic Diseases.

Following the success of previous LSAI meetings, our annual congress has truly become synonymous with the highest caliber regional scientific meeting in the field of Allergy. With the upcoming event, LSAI will continue to fulfill its tasks to educate, and bring up to date all professionals taking care of patients with allergic/immunologic diseases, while at the same time stimulating and allowing each one of you attending the opportunity to meet and/or create your own professional network of colleagues and friends.

The Scientific Committee is elaborating a program with topics covering all areas of interest in the field of Allergy and the congress will provide the most updated information on the interface between the “virtual” world of Allergy and clinical practice, in a “user-friendly” approach. As such, the congress has been designed to provide a comprehensive overview of the latest developments in the management of allergic and non-allergic rhinitis, asthma, immunodeficiency diseases, primarily in pediatric patients, specific drug hypersensitivities, in addition to skin and food allergies. A multinational cast of key allergy leaders, premier guest speakers, and corporate representatives from all allergy-related fields have joined the faculty and will take part in this Congress .

Save the dates in your diary today and we look forward to greeting you in what promises to be an exciting and fruitful meeting tailored to the needs of all allergy-related subspecialties.

**Philip Rouadi, MD**  
Congress Chair  
LSAI president

## Committees

### President of The Congress

Philip Rouadi, MD

### Executive Committee

Philip Rouadi, MD- President

Farès Zaitoun, MD - Vice-President

Carla Irani, MD - General Secretary

Ziad Rohayem, MD - Treasurer

Rafic Shamaa, MD - Member

### Scientific Committee

Carla Irani, MD

Marilyn Karam, MD

Elias Khairallah, MD

Philip Rouadi, MD

Farès Zaitoun, MD

## Speakers

### Fuad M. Baroody, MD, FACS, FAAIAI

Professor of Surgery

Otolaryngology-Head and Neck Surgery and  
Pediatrics

Director of Pediatric Otolaryngology

Director, Residency Program in Otolaryngology

The University of Chicago Medicine

Chicago, USA

### Ghassan Dbaibo, MD, FAAP

Professor and Vice-Chair for Research and  
Faculty Development Department of Pediatrics  
and Adolescent Medicine

Head, Division of Pediatric Infectious Diseases

Director, Center for Infectious Diseases

Research Professor, Department  
of Biochemistry and Molecular GeneticsAUB  
Beirut-Lebanon

### Samer Fakhry, MD, FACS, FRCS(C)

Professor & Chair

Department of Otorhinolaryngology-Head &  
Neck Surgery

AUBMC

Clinical Professor

Department of Otorhinolaryngology- Head &  
Neck Surgery

McGovern Medical School

University of Texas Health Science Center at  
Houston

### Elie Farah, MD

Internal Medicine Specialist

Head of Department of Intensive Care Unit

Mount-Lebanon Hospital

President of the Association Moving towards  
Preventive Medicine  
Lebanon

# Speakers

## Ramsay Fuleihan, MD

Professor, Allergy and Immunology  
Sidra Medical & Research Hospital  
Qatar

## Pierre Hage, MD

Pediatric Pulmonology, Allergology  
Saint Georges hospital university medical center  
Associate professor of clinical pediatrics  
University of Balamand  
Beirut, Lebanon

## Angela Haczku, MD, PhD

Pulmonary, Critical Care and Sleep Division  
Professor of Medicine  
University of California at Davis  
California, USA

## Carla Irani, MD, FAAAAI

Allergy and Immunology  
Hotel Dieu de France Hospital  
Beirut, Lebanon

## Marilyn Karam, MD

Allergy & Clinical Immunology  
AUBMC  
Beirut, Lebanon

## Elias Khairallah, MD

Lung & Immuno-Allergy  
Abou-Jaoudé & BHS Hospitals  
Beirut, Lebanon

## Cybel Mehawej, PhD

Division of Immunology  
Boston Children's Hospital Department of  
Pediatrics Harvard Medical School Boston,  
Massachusetts, USA  
Medical Genetics Unit Functional Genetics  
Unit Faculty of Medicine Saint-Joseph  
University Beirut, Lebanon

## Jacques Mokhbat, MD

Professor of Medicine  
Division of Infectious Diseases  
LAU, School of Medicine  
Beirut, Lebanon

## Olga Nahas, MD

Allergy and Clinical Immunology  
Mount Lebanon Hospital  
Lebanese Hospital Geitaoui  
Beirut, Lebanon

## Ziad Rohayem, MD

Rhinology and Endoscopic Skull Base Surgery  
Bellevue Medical Center  
Eye and Ear Hospital  
Lebanon

## Philip Rouadi, MD, EAACI, EAFPS

Otolaryngology and Allergy  
Assistant Professor  
President of the Lebanese Society of  
Allergy and Immunology  
Eye and Ear University hospital  
Beirut, Lebanon

## Hesham Tarraf, MD, FRCP

Professor of Medicine and Allergy  
Cairo University in Egypt & GSK Respiratory Expert  
Cairo- Egypt

## Farès Zaitoun, MD, FAAAAI

Allergy and Immunology  
Allergy, Asthma & Immunology Center  
AUBMC  
Beirut, Lebanon

**14:00-15:00**      **Registration & Welcome Coffee**

**15:00-16:15**      **SESSION 1**

**ROLE OF ALLERGY IN “NONALLERGIC” UPPER AIRWAY DISEASE**

Moderators      Antoine Jaklis, Philip Rouadi

15:00-15:25      Obstructive Sleep Apnea and Allergic Rhinitis: Is there a Link?  
Fuad Baroodi

15:25-15:50      Microbiome and Chronic Rhinosinusitis: Clinical & Therapeutic Implications  
Samer Fakhri

15:50-16:15      Allergic Fungal Sinusitis: Infection or Inflammation? Ziad Rohayem

**16:15-17:15**      **SESSION 2**

**MANAGEMENT OF ASTHMA AND URTICARIA WITH BIOLOGICALS**

*Sponsored by Novartis*

Moderators      Josiane Helou, Carole Youakim

16:15-16:45      Allergic and Eosinophilic Asthma Farès Zaitoun

16:45-17:15      Chronic Spontaneous Urticaria Carla Irani

**17:15-17:45**      **Coffee Break / Welcome Reception**

**17:45-18:00**      **OPENING CEREMONY**

Lebanese National Anthem

Welcome and Introduction Philip Rouadi

Patronage Speech by The Vice-Prime Minister and  
Minister of Public Health H.E. Ghassan Hasbani

**18:00-19:30**      **SESSION 3**

**PRIMARY IMMUNODEFICIENCY IN PEDIATRICS**

Moderators      Bassem Abou Merhi, Carla Irani

18:00-18:30      Primary Immunodeficiency in Lebanon: Time for Action Ghassan Dbaibo

18:30-19:00      Practical Evaluation and Diagnosis of Primary Immunodeficiency  
Cybel Mehawej

19:00-19:30      Stem Cell Transplantation and Update on Gene Therapy  
Ramsay Fuleihan

**19:30-20:15**      **SESSION 4**

**ADVANCES IN THE MANAGEMENT OF ALLERGIC RHINITIS**

*Sponsored by GSK*

Moderators      Usama Hadi, Ziad Rohayem

Immunologic and Practical Considerations in Pharmacotherapy  
Hesham Tarraf

# Saturday October 14

**08:00-09:00**      **Registration**

**09:00-10:00**      **SESSION 5**  
**FOOD & SKIN ALLERGIES**

Moderators      Fadi Haddad, Pierre Mouawad

09:00-09:25      Non IgE-mediated Food Hypersensitivity: Diagnostic Strategies  
Pierre Hage

09:25-09:50      The Itchy Hives: Allergy, Urticaria or both  
Marilyn Karam  
*Sponsored by Sanofi*

09:50-10:00      Discussion

**10:00-11:30**      **SESSION 6**  
**ALL- INCLUSIVE & COMPREHENSIVE MANAGEMENT OF ALLERGIC**  
**RHINITIS & ASTHMA**

Moderators      Elie Kurdahi, Olga Nahas

10:00-10:15      Environmental Control Measures: Principles and Methods  
Farès Zaitoun

10:15-10:40      Pharmacotherapy in Rhinitis: Treatment and Prevention Strategies  
Fuad Baroodly

10:40-11:05      Pharmacotherapy in Asthma: Risk Assessment, Control & Relief  
Farès Zaitoun  
*Sponsored by Astrazeneca*

11:05-11:30      Allergen Specific Immunotherapy: The Ultimate Weapon  
Carla Irani

**11:30-11:45**      **Coffee Break**

**11:45-13:00**      **SESSION 7**  
**ASTHMA INSIGHTS: REAL LIFE ISSUES OF A COMPLEX DISEASE**

Moderators      Georges Dib, Waël Kabalan, Nadim Kanj

11:45-12:10      Immunologic Origins of Asthma  
Angela Haczku

12:10-12:35      The Microbiome and Immunomodulation  
Elie Farah  
*Sponsored by Abbott*

12:35-13:00      Sinusitis and Asthma: Useful Tips for Patient and Physician  
Fuad Baroodly

13:00-13:45

**SESSION 8**

**ASTHMA BEYOND THE GUIDELINES**

Moderator

Rabih Abou Chami

*Sponsored by GSK*

Simplifying Asthma Management in the Real World

Hesham Tarraf

13:45-14:45

**Lunch**

14:45-16:00

**SESSION 9**

**GUIDELINES BASED PRACTICE vs CLINICAL PRACTICAL EXPERIENCE: A PANEL DEBATE**

Moderator

Rafic Shamaa

Panel Experts: Fuad Barood, Angela Haczku

14:45-15:10

GINA Guidelines: What's New and Why

Angela Haczku

15:10-15:35

Patient with Allergic and Multi-triggered Asthma

Elias Khairallah

15:35-16:00

Patient with Rhinitis and Rhinosinusitis

Phillip Rouadi

*Sponsored by Sanofi*

16:00-16:20

**Coffee Break**

16:20-17:35

**SESSION 10**

**SPECIFIC DRUG HYPERSENSITIVITY: DIAGNOSIS AND MANAGEMENT**

Moderators

Zahi Helou, Jamil Shaaban, Fares Zaitoun

16:20-16:45

Allergy to Aspirin and Non-Steroidal Anti-Inflammatory Drugs

Marilyn Karam

16:45-17:20

Allergy to Antibiotics: The Infectious Disease Specialist Perspective

Jacques Mokhbat

17:20-17:35

Allergy to Anesthetics & Perioperative Anaphylaxis

Olga Nahas

# Acknowledgements



## REGISTRATION FEES

LEBANESE PARTICIPANTS

FREE

NON LEBANESE PARTICIPANTS

\$300

## REGISTRATION FEES INCLUDE

CME CREDITS, ACCESS TO SCIENTIFIC SESSIONS, EXHIBITION AREA,  
CERTIFICATE OF ATTENDANCE, LUNCH, COFFEE BREAKS



EVENT ORGANIZER  
executive@trustandtraders.com  
www.trustandtraders.com  
00961 1 333 900