



14th Annual Meeting

Lebanese Society of Allergy and Immunology

OCTOBER 5 - 6, 2018
Radisson Blu Hotel, Dunes Center, Verdun, Beirut



CME CREDITS

Final Program

Welcome Note



Dear Colleagues

These are important times in Allergy, as allergic diseases and their co-morbidities, both straightforward and complicated types, are now well established as highly prevalent health conditions that extend across the whole population and most medical specialties. The Lebanese Society of Allergy & Immunology (LSAI) continues to be on the forefront of providing medical education and promoting awareness on not only a local stage but also on a regional and international podium.

To experience for yourself these developments, I am thrilled to invite you on behalf of the Organizing Committee, to attend the upcoming 14th Annual Congress of the Lebanese Society of Allergy/Immunology on October 5-6, 2018. You will appreciate at this meeting a scientific program that is rich in substance and variety which goes beyond essential allergy education but delves into public health concerns such as Food Allergy at home and school and how to live safely with it, manage it and even eliminate it! The difficult-to-treat allergic, asthmatic, chronic cough and itchy patient will get special attention in several tailored symposiums. Allergen Immunotherapy for not merely challenging respiratory allergy but also for dangerous food and drug hypersensitivities will be discussed, and rare but serious hereditary angioedema conditions will be addressed for the first time in this congress. Finally, a global look at how the changing environment has and continues to impact allergic diseases, will be featured in a special WAO symposium.

Expect at this congress to confer with colleagues with shared interests and well informed pharmaceutical industry representatives, alongside meeting and interacting with several prominent international and regional experts and Key Opinion Leaders in Allergy/Immunology. Presidents and leaders of several national Allergy/Immunology medical societies from the Middle East/GCC/North Africa regions as well as the World Allergy Organization (WAO) will be attending this special LSAI congress where exciting announcements will be made including pronouncements regarding the prestigious World Allergy International Scientific Conference (WISC 2019) which will take place in Beirut next year.

But first thing first....So we hope that you will save the date, free your calendar and join us on October 5 & 6, 2018 for the 14th Annual LSAI Congress.

Best Regards

A handwritten signature in black ink, appearing to read 'F. Zaitoun'. The signature is stylized and fluid.

Fares Zaitoun, MD, FACAAl
LSAI and Congress President

Committees & Speakers

President of the Congress

Fares Zaitoun, MD

Organizing & Scientific Committee

Fares Zaitoun, MD

Carla Irani, MD

Marilyn Karam, MD

Elias Khairallah, MD

Ziad Rohayem, MD

Philip Rouadi, MD

Rafic Shamaa, MD

National Speakers

Zeina Aoun, MD

Abdul Latif Hamdan, MD

Carla Irani, MD

Marilyn Karam, MD

Mrs. Maha Makki

Mrs. Maya Nasser

Philip Rouadi, MD

Carole Youakim, MD

Fares Zaitoun, MD

International Speakers

Mariam Al-Nesf Al-Mansori, MD

Qatar

Ignacio Ansotegui, MD, PhD

Spain

Sami Bahna, MD, DrPH

USA

Luis Caraballo, MD, PhD

Colombia

Motohiro Ebisawa, MD, PhD

Japan

Ramsay Fuleihan, MD

Qatar / USA

Sulaiman Gazlan, MD

KSA

Talal Nsouli, MD

USA

Suad Nsouli, MD

USA

Marc Riedl, MD, PhD

USA

Mario Sánchez-Borges, MD

Venezuela

Friday October 5

14h00-15h00 Registration & Welcome Coffee

15h00-16h00 SESSION 1: Allergic Rhinitis and Rhinosinusitis: Tackling New, Old and Odd Issues

Moderators: Ziad Rohayem, Charbel Rameh

15h00-15h30 ARIA and Other International Guidelines: Where Do We Currently Stand
(Sponsored by GSK) Philip Rouadi

15h30-15h45 The Empty Nose Syndrome: A Diagnostic and Therapeutic Challenge Talal Nsouli
15h45-16h00 MEDALL of the Rhinitis Universe Philip Rouadi

16h00-17h30 SESSION 2: Special Food Allergy Symposium Food Allergy at Home and School: An Interactive Discussion with Parents, Nurses and Teachers

Moderators: Roula Farah, Fares Zaitoun

16h00-16h07 Food Allergy: Individual or Public Health Issue? Fares Zaitoun

16h07-16h15 Food Allergy at Home: The Parent's Perspective Maya Nasser

16h15-16h23 Food Allergy at Home: The Patient's Perspective Karim Makki

16h23-16h30 Food Allergy at School: Do policies exist? Rida Jabbour

16h30-16h38 Food Allergy in the Clinic: The Nursing Perspective Suad Nsouli

16h38-17h10 The Expert's Perspective: Should Nuts & Peanut be Banned From Schools?
Sami Bahna

17h10-17h30 Discussion with Panel & Audience

17h30-18h00 Coffee Break & Welcome Reception

18h00-18h30 OPENING CEREMONY *(Sponsored by Sanofi)*

Lebanese Society of Allergy & Immunology - Welcome Statement

World Allergy Organization - Welcome and Announcements

Lebanese Order of Physicians - Statement

18h30-19h55 SESSION 3: World Allergy Organization (WAO) SYMPOSIUM The Uprising of Allergic Disease in A Changing Environment

Moderators: Carla Irani, Philip Rouadi

18h30-18h55 Allergic Asthma & Epigenetic Modifications Induced by a Changing Environment Luis Caraballo

18h55-19h20 Urticaria: Increasing Challenges in a Changing World
Mario Sanchez Borges

19h20-19h45 Food Allergy: The Impact of Cultural and Environmental Variance
Motohiro Ebisawa

19h45-19h55 Questions & Discussion

Saturday October 6

08h00-09h00

Registration

09h00-10h00

Moderators:

SESSION 4: The Difficult Asthma & Cough Patient: Thinking Outside the Box George Dib, Zahia Chahine

09h00-09h20

Chronic Cough in Children: How The Allergy Specialist Can Help **Talal Nsouli**

09h20-09h40

Allergy, The Alternative Diagnosis to Laryngopharyngeal Reflux **Abdul Latif Hamdan**

09h40-10h00

Asthma Control & Exacerbation Rate: A Multifactorial Approach for Better Outcomes **(Sponsored by Mundipharma)** **Carole Youakim**

10h00-10h50

SESSION 5: Advanced Severe Asthma & Urticaria Management Strategies **(Sponsored by Novartis)**

Moderators:

Olga Nahas, Nehmat Ramadan

10h00-10h25

One Size Does Not Fit All: Personalized Care in Asthma **Carla Irani**

10h25-10h50

Chronic Spontaneous Urticaria: Breaking the "Itch-Stress" Cycle **Marilyn Karam**

10h50-11h15

Coffee Break

11h15-11h45

SESSION 6: The Asthma Management Challenge: Controlling Symptoms vs. Preventing Exacerbations **(Sponsored by GSK)** **Zeina Aoun**

Moderator:

Carla Irani

11h45-13h00

SESSION 7: New Horizons in Food Allergy

Moderators:

Pierre Hage, Nahida Rifai

11h45-12h10

Food Allergen Challenge in Clinical Practice: What, Why & When **Motohiro Ebisawa**

12h10-12h35

Stopping Food Allergy Before it Starts: Theory & Practice **Ramsay Fuleihan**

12h35-13h00

Diagnostic Testing in Food Allergy: The Good, The Bad and The Ugly **Sami Bahna**

13h00-14h00

Lunch

14h00-15h30

SESSION 8: Hereditary Angioedema (HAE): Recognition, Diagnosis & Management of a Rare but Serious Disease **(Sponsored by HAEI)**

Moderators:

Fares Zaitoun, Adlette Inati

14h00-14h20

Clinical Presentations of HAE: When to Suspect and How to Diagnose

Sulaiman Gazlan

14h20-14h35

Overview of The Immunopathology of Hereditary Angioedema

Mariam Al-Nesf Al-Mansori

14h35-15h15

Advances in HAE Therapy: Biological State-of-the Art Medicine for Optimal Care

Marc Riedl

15h15-15h30

Questions & Discussion

15h30- 15h45

Coffee Break

15h45-17h15

SESSION 9: Allergen Immunotherapy: Not Just for Allergic Rhinitis

Moderators:

Ramsay Fuleihan, Rafic Shammaa

15h45-16h10

Respiratory Allergy: Yes It Also Works for Allergic Asthma **Ignacio Ansoategui**

16h10-16h35

Drug Allergy Desensitization: Indications and Methods **Mario Sanchez Borges**

16h35-17h00

Can Food Allergy Be Cured? Current Stand on Oral Desensitization **Sami Bahna**

17h00-17h15

Questions & Discussion

Acknowledgements



Registration Fees

Free Registration

LSAI Members

Lebanese Medical Students and Fellows

Lebanese Participants

Special Parking Fees

5000 LBP / day

International Participants Registration

\$300





WAO/LSAI Joint Congress

4-5-6 April, 2019 | Phoenicia Hotel - Beirut, Lebanon

